

SIXTH ZONE Circulation Zone

1. Adjustment of the nerves to the **THYROID GLAND** will have a tendency to regulate your **BLOOD PRESSURE**. If too high, it will decrease. If too low, it will increase. The **THYROID** regulates the blood pressure.

Q: Have you noticed this yet?

A:

2. All nerves to the **HEART** are being restored to normal. There will be a change for the better, and you will notice a feeling of **EASE AND STRENGTH** all over your body.

Q: Has this happened yet?

A:

3. The **BLOOD VESSELS** of the **BACK – ARMS – CHEST** and **ABDOMEN** are being brought to normal, and **BETTER CIRCULATION** will naturally result. Aches and pains in these parts will leave, and a feeling of strength and well being will appear.

Q: Have you noticed this yet?

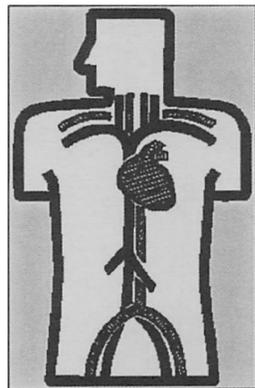
A:

4. **BLOOD VESSELS – LYMPH VESSELS** of the lower extremity will be brought to normal, and you will become aware of more **CIRCULATION** in this area. You will not tire so easily, and in general will notice more **EASE OF MOVEMENT** in your limbs.

Q: What have improvements have you noted?

A:

Please read this slip **NIGHTLY** just before bedtime. Answer the questions on a nightly basis and return to your doctor when all answers are "YES".



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